

# Multiple Sclerosis

Recognising a relapse



## Occasional Symptoms can be caused by...



Increased body temperature



Infection



Stress

### Watch and wait

These symptoms come and go and may not require treatment.



## Symptoms Lasting more than 48 Hours



Weakness



Dizziness



Changes in vision



Altered sensation

### Contact your GP and MS Nurse:

You may need an appointment with your GP, they can contact your neurology team to discuss your symptoms



## Seek Urgent Advice



Falls with injury



Sudden loss of vision



Severe balance issues



Problems breathing



Inability to walk



Seek urgent medical advice

In NZ Call 111  
In Aus Call 000

### Read me

There is a live text box within this document that must be edited to place a specific clinics (doctor & nurses) phone numbers. Please fill in before printing.

This artwork is to be printed on 300gsm (matt stock).

The Multiple Sclerosis -Recognising a relapse symptom guide project was directed by Fiona D'Young & her colleagues at the Auckland DHB. The artwork was designed by the team at DHW Lab.

dhwlab.com

